

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>January Trips</p> <p>Tuesday, January 7th 10:45 am 99 Cents Store (Resident must have a private aide or family member assisting them.)</p> <p>Thursday, January 2nd ~ Departure is TBA "Little Women" at Ridge Hill Movie Theater</p>	<p>January Trips</p> <p>Tuesday, January 14th 11:45 am Lunch at "The Hard Rock Cafe" inside Yankee Stadium</p>	<p>January Trips</p> <p>Tuesday, January 21st 11:45 am Lunch at Walters Famous Hot Dogs (White Plains Location)</p>	<p>Forever Fit & Meditation (CH)(LR) What is Your New Year's Resolution for 2020? (CH)(LR) Daily Dose of Nostalgia (C)(LR) Name that Proverb (CH)(LR) The Price is Right (CH)(LR) Active Games: Golf (C)(LR) Chores Around the House (GDR) Bingo Fun (CG)(L) Comical Clips (LR)</p>	<p>Boogy Down with Elvis Presley (M)(LR) What do you think about today's news? (M)(LR) Bellydancing with Shayna (LR) Chores Around the House: Folding Napkins (L) Afternoon Get up & Stretch Club (CH) Lutheran Musical & Communion Service (AS) Finish That Phrase (CH)(LR) Creative Crafters Corner (CH)(L) Flash Card Convo Starters (CG)(LR) Passport Around the World (LR)</p>	<p>Music & Movement(M)(LR) What do you think about today's news? (M)(LR) Slogan Trivia DVD (M)(LR) Jewelry Making with Janettina for Immaculate Conception Parish (ACS) Legion of Mary with Theresa (AS) Refreshments and Cheese & Musical Entertainment with "Lee's Musicians" (LR) Shabbat Services with Jay (MT) Name That Song (CG)(LR)</p>	<p>Scarf Exercise Fun (C)(LR) Red Carpet Stars: Pictures & Videos of Frank Sinatra in Palm Springs (C)(LR) Dance Party with Richard Spear! (LR) Remember When...(CH)(LR) Name that Product (CH)(LR) Walking Club (CH)(MCY) Chores Around the House: Clearing the Tables (GDR) Linked Senior Games (CG)(LR)</p>	
<p>*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (M)(LR) Memory Caps Board Game (M)(L) Pandora Dance Party (M)(LR) *1:30 Bus Outing! (OOB) Bingo (M)(L) Karaoke: Now It Is Your Turn (M)(LR) Musical Balloon Volleyball (CG)(LR)</p>	<p>Move & Groove with Carlos Santana (M)(LR) Family Feud (M)(LR) Active Games: Noodle Polo (M)(LR) Georgia Ray Sing Along (M)(LR) Moments of Mindfulness: Mystery of the Cucumber (M)(AS) Charades (CG)(L) Memorable Musicals (LR)</p>	<p>Active Aging Fitness Class (CH)(LR) Black & White Memory Cards (CH)(LR) Special Clips of Famous Performing Arts Company: Shen Yun (CH)(LR) Active Games: Golf (CH)(LR) Afternoon Get up & Stretch Club (CG) Name Five (C)(LR) Puzzle Mania (CG)(L) Netflix Luck of the Draw (LR)</p>	<p>Forever Fit with (CH)(LR) Environmental Affects- NY's Recent Squall-Pictures & Affects on our Neighborhood (CH)(LR) Prayer & Communion with Bill (LR) Use Your Senses Board Game: Follow Your Nose (M)(L) Pinterest D.I.Y. Inspirations (CH)(L) Chores Around the House (GDR) Bingo Fun (CG)(L) Comical Clips (LR)</p>	<p>Boogy Down with Big Band Era Tunes (M)(LR) What do you think about today's news? (M)(LR) Bellydancing with Shayna (LR) Chores Around the House: Folding Napkins (L) Mysterious Disappearances: Video's of Jimmy Hoffa on the Job (M)(LR)(WU) Law Enforcement Appreciation Day- Thank You Letters to Our Local EMS/Police/Fire Departments (CH)(L) Finish That Song (CH)(LR) Flash Card Convo Starters (CG)(LR)</p>	<p>Music & Movement(M)(LR) What do you think about today's news?(M)(LR) What is a Meme? Let's Get a Laugh (M)(LR) Legion of Mary with Theresa (AS) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) Name That Slogan (M)(LR) YouTube Videos (CG)(LR) DJ Mix A'Lot: Big Band Era Dance Off (LR)</p>	<p>Scarf Exercise Fun (C)(LR) Department of Health- Facts & Videos About Blood Donations (CH)(LR) Dance Party with Richard Spear! (LR) Beading For Buddies (CH)(L) Remember When... (CH)(LR) Name that Tune (CH)(LR) Walking Club (CH)(MCY) Chores Around the House: Clearing the Tables (GDR) Linked Senior (CG)(LR) Rom Coms (LR)</p>	
<p>*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (M)(LR) Use Your Senses Board Game: Follow Your Nose (M)(L) Pandora Dance Party (CG)(LR) *1:30 Bus Outing! (OOB) Top 20 ways to avoid the flu (M)(LR) Bingo (M)(L) Karaoke: Now It Is Your Turn (M)(LR) Musical Balloon Volleyball (CG)(LR)</p>	<p>Boogy Down with Big Band Era Tunes(M)(LR) Homemade is a Home Run: Hummus 101 with Arielle Miras, Resident Relations Director (GDR) Active Games: Balloon Toss (M)(LR) Linked Senior: Hollywood Trivia & Pictures (M)(LR) Let's Bake Sugar Cookies (M)(GDR) Georgia Ray Sing Along (M)(LR) Charades (CG)(LR) Memorable Musicals (LR)</p>	<p>Active Aging Fitness Class (CH)(LR) Daily Dose of Nostalgia (CH)(LR) Zumba Zumba with Mila (LR) Special Clips of Famous Performing Arts Company: Cirque du Soleil (CH)(LR) Active Games: Corn Hole (CH)(LR) Chicken Soup for the Soul (CH)(LR) Puzzle Mania (CG)(L) Netflix Luck of the Draw (LR)</p>	<p>Forever Fit & Meditation (C)(LR) Fashion Through the Decades: "Pictures of 21st Century Fashion in India" (CH)(LR)(WU) Fine Art Painting with Marilyn (ACS) Prayer & Communion w/ Bill (V)(LR) Pinterest D.I.Y. Inspirations (CH)(L) Happy Day's Premiered- Clips from Happy Days (CH)(L)(WU) Chores Around the House (GDR) Bingo Fun (CG)(L) Comical Clips (LR)</p>	<p>Boogy Down with Benny Goodman (LR) What do you think about today's news? (M)(LR) Bellydancing with Shayna (LR) Chores Around the House: Folding Napkins (L) Family Feud (M)(LR) Suzy Volden, Mneme Art Therapist- Let's try to copy her work (M)(L) Think Fast (CH)(LR) Flash Card Convo Starters (CG)(LR) Passport Around the World (LR)</p>	<p>Music & Movement (M)(LR) What do you think about today's news? (M)(LR) You Be The Judge (M)(L) Legion of Mary with Theresa (AS) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) Unexplained Mysteries (M)(LR) YouTube Videos (CG)(LR) DJ Mix A'Lot: Big Band Era Dance Off (LR)</p>	<p>Scarf Exercise Fun (C)(LR) Laughter Really is the Best Medicine (CH)(AS) Dance Party with Richard Spear! (LR) Remember When... (CH)(LR) Name that Proverb (CH)(LR) Walking Club (CH)(MCY) Chores Around the House: Clearing the Tables (GDR) Linked Senior (CG)(LR) Rom Coms (LR)</p>	
<p>*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (M)(LR) Memory Caps Board Game (M)(L) Pandora Dance Party (CG)(LR) *1:30 Bus Outing! (OOB) Bingo (M)(L) Karaoke: Now It Is Your Turn (M)(LR) Musical Balloon Volleyball (CG)(LR)</p>	<p>Zumba Gold with Diane (LR) Active Games: Volleyball (C)(LR) Bizarre Edible Arrangements: Escargot - Will you give it a try? (M)(L)(WU) Mercy College Group Discussion (L) Andrea Bocelli Hour (M)(LR)(WU) Charades (CG)(LR) Memorable Musicals (LR)</p>	<p>Active Aging Fitness Class (CH)(LR) Alexa Who? (CH)(LR)(WU) Daily Dose of Nostalgia (C)(LR) Zumba Zumba with Mila (LR) Name that Rhyme (CH)(LR) Poems of Praise (CH)(L) Special Clips of the Famous Performing Arts: Symphonies Puzzle Mania (CG)(L) Netflix Luck of the Draw (LR)</p>	<p>Forever Fit & Meditation (CH)(LR) Top 20 Fashion Trends for the Cold Weather (C)(LR) Journal Entry Session (CH)(G) Fine Art Painting with Marilyn (ACS) Prayer & Communion with Bill (LR) Use Your Senses Board Game: Follow Your Nose (M)(L) Afternoon Get up & Stretch Club (CH) Pinterest D.I.Y. Inspirations (CH)(L) Bingo Fun (CG)(L) Comical Clips (LR)</p>	<p>Boogy Down with Big Band Era Tunes (LR) What do you think about today's news? (M)(LR) Chores Around the House: Folding Napkins (L) Who Wants to Be a Millionaire? (M)(LR) Creative Crafters Corner: New Years Hats (M)(L) Think Fast ((M)(LR) Flash Card Convo Starters (CG)(LR) Passport Around the World (LR)</p>	<p>Music & Movement (M)(LR) What do you think about today's news?(M)(LR) Follow the Letter (M)(LR) Legion of Mary with Theresa (AS) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) What's the Verdict (M)(LR) YouTube Videos (CG)(LR) DJ Mix A'Lot: Big Band Era Dance Off (LR)</p>	<p>Scarf Exercise Fun (C)(LR) Chinese New Year- Year of the Rat- Pictures & Discussion (CH)(LR) Dance Party with Richard Spear! (LR) Beading For Buddies (CH)(L) Remember When... (CH)(LR) Name that Tune (CH)(LR) Chores Around the House: Clearing the Tables (GDR) Linked Senior (CG)(LR) Rom Coms (LR)</p>	
<p>*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (M)(LR) Use Your Senses Board Game: Follow Your Nose (M)(L) Pandora Dance Party (M)(LR) *1:30 Bus Outing! (OOB) Bingo (M)(L) Karaoke: Now It Is Your Turn (M)(LR) Musical Balloon Volleyball (CG)(LR)</p>	<p>Boogy Down with Big Band Era Tunes (LR) Sanatana Dharma University: Henothesistic-Pictures of their God & Cultural Music (M)(LR)(WU) Active Games: Noodle Polo (M)(LR) Zen Spirituality (M)(LR) Georgia Ray Sing Along (M)(LR) Charades (CG)(LR) Memorable Musicals (LR)</p>	<p>Active Aging Fitness Class (CH)(LR) Daily Dose of Nostalgia (C)(LR) Special Clips of Famous Performing Arts: Cat on a Hot Tin Roof Musical (CH)(LR) Zumba Zumba with Mila (LR) Name that Tune (CH)(LR) There's No Place Like Home with Mariany Colombo, Human Resources/Business Office Director (AS)(WU) Active Games: Basketball (C)(LR) What's the Verdict (C)(G) Puzzle Mania (CG)(L)</p>	<p>Forever Fit & Meditation (CH)(LR) MVP: Arthur Ashe: Videos of Arthur In Action (C)(L)(WU) Book of Unknown Knowledge (C)(LR) Salsa for Seniors with Jen (LR) Did You Ever Go Ice Skating at Rockefeller Center? (LR) Happy Birthday Cupcake Celebration (CH)(LR) Chores Around the House (GDR) Bingo Fun (CG)(L) Comical Clips (LR)</p>	<p>Boogy Down with Frank Sinatra (LR) What do you think about today's news? (M)(LR) YouTube-ular Videos (M)(LR) Family Feud (M)(LR) The Fountains 2020 Art Show (AS) Suzy Volden, Mneme Art Therapist- Let's try to copy her work (M)(L) Flash Card Convo Starters (CG)(LR) Passport Around the World (LR)</p>	<p>Music & Movement (M)(LR) New Year's Time Capsule (M)(LR)(WU) Linked Senior- Visual Trivia (M)(LR) Musical Moments with Roseann (LR) Legion of Mary with Theresa (AS) Refreshments & Cheese Soiree (LR) Shabbat Services with Jay (MT) Finish that Line (CG)(LR) YouTube Videos (CG)(LR) Friday Night at the Movies (LR)</p>	<p>Scarf Exercise Fun (C)(LR) Chinese New Year- Year of the Rat- Pictures & Discussion (CH)(LR) Dance Party with Richard Spear! (LR) Beading For Buddies (CH)(L) Remember When... (CH)(LR) Name that Tune (CH)(LR) Chores Around the House: Clearing the Tables (GDR) Linked Senior (CG)(LR) Rom Coms (LR)</p>	
<p>Music & Memory</p> <p>One Weekend a Month: Students from Concordia Conservatory: One to One Discussions & Musical Entertainment</p>	<p>New Do Therapy Teams Dog Therapy with Charlotte and Lisa through <i>The Good Dog Foundation.</i></p> <p>Dog Therapy with Ann & Scooter through <i>Ann King's Therapy Dogs</i></p>	<h1>JANUARY 2020</h1> <p><i>The Gardens</i></p>		<h2>ACTIVITY LOCATOR KEY</h2> <p>(CG) Caregiver (M) Maria C (C) Chandra (V) Volunteer (R) Reghan (CH) Chi (M) Maria (WU) Watermark University</p> <p>Movies will be shown every night at 7:00 pm. Due to spacing issues, it may not be reflected on the calendar.</p>		<p>Please note, programs run by vendors and Watermark University Courses are written in bold print.</p> <p>Programs & trips in the Gardens are subject to change.</p>	<p>(PDR) Private Dining Room (Lobby Floor) (MT) Movie Theater (Lobby Floor) (ACS) Arts & Crafts Studio (Lobby Floor) (OOB) Out of Bldg (AS) Activity Studio (Lobby Floor) (C) Cafe (Lobby Floor) (MCY) Main Floor Courtyard (DR) Main Floor Dining Room (L) Library (LR) Living Room (G) Garden (GDR) Gardens Dining Room</p>