

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Programs & Trips in the Gardens are subject to change.	Resident & Associate Halloween Costume Parade will be held on Halloween Day!!! Thursday, October 31st at 4:00 pm	Active Aging Fitness Class (CH)(LR) Black & White Memory Cards (CH)(LR) Vegetarian Day: What is a Vegetarian? Could you ever be one? (CH)(LR) Afternoon Get up & Stretch Club (CG) What is Active Aging? (C)(LR) 2019 Fall Olympics Opening Ceremony (R)(LR) First Olympic Event: Bowling with Tuckahoe Middle School Students (C)(LR) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR) 1 First Day of Active Aging	Forever Fit & Meditation (C)(LR) Department of Health Discussion: Healthy Lung Awareness Month: Negative Effects of Cigarettes" (C)(LR) Prayer & Communion with Bill (LR) Past and Present Celebrities Dressed up for Halloween (CH)(LR) Pumpkin Patch Painting for the Ballerinas of the Steffi Nossen's Dance Company (D)(L) Second Olympic Event: Basketball with Tuckahoe Middle School Students (CH)(LR) 2 Bingo Fun (CG)(L)	Rise & Shine It's News & Views Time (LR) What do you think about today's news? (CG)(LR) Bellydancing with Shayna (LR) Afternoon Get up & Stretch Club (CH) Finish That Phrase (CH)(LR) Lutheran Musical & Communion Service (AS) Coloring Corner (CH)(L) Third Olympic Event: Bowling with Tuckahoe Middle School Students (CH)(LR) Flash Card Convo Starters (CG)(LR) 3 Movie: Travel Destinations (LR)	Music & Movement (CH)(LR) What do you think about today's news? (CH)(LR) Fourth Olympic Event: Horse Racing with the Directors (LR) Legion of Mary with Theresa (V)(AS) Refreshments and Cheese & Musical Entertainment with "Lee's Musicians" (LR) Shabbat Services with Jay (MT) Name That Song (CG)(LR) 4 YouTube Videos (CH)(LR)	Scarf Exercise Fun (C)(LR) Soaking up the Sun (C)(G) Red Carpet Stars: John Wayne (C)(LR) Dance Party with Richard Spear! (LR) How to Make Hot Apple Cider (C)(L) Remember When... Tell us about your first time in a haunted house? (CH)(LR) Walking Club (CH)(MCY) Name that Product (CH)(LR) Chores Around the House: Clearing the Tables (GDR) 5 Linked Senior Games (CG)(LR)	
	*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (S)(LR) What is a Wiccan and what do they believe in? (S)(LR) *1:30 Bus Outing! (OOB) Oktoberfest: German & American Oktoberfest Traditions (S)(LR) Halloween Dance Recital with Steffi Nossen's Dance Company (LR) 6	Move & Groove (C)(LR) Soaking up the Sun (C)(G) 2019 Fall Olympics Closing Ceremony (C)(LR) Active Games: Noodle Polo (C)(LR) Mercy College Group Discussion (L) Georgia Ray Sing Along (S)(LR) Coloring Therapy (CG)(L) Movie: Musicals (LR) Last Day of Active Aging Week 7	Active Aging Fitness Class (CH)(LR) Fashion Through the Decades: "Poodle Skirts in the 50's" (CH)(LR) Daily Dose of Nostalgia (C)(LR) Active Games: Musical Volleyball (C)(LR) What's the Verdict (C)(G) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR) 8	Forever Fit & Meditation (C)(LR) Most popular places to go apple picking in New York State (CH)(LR) Fine Art Painting with Marilyn (ACS) Prayer & Communion w/ Bill (V)(LR) Pinterest D.I.Y. Inspirations (CH)(L) Billards & Pool (Pool Hall- 1st Floor) Bingo Fun (CG)(L) Movie: Comedies (LR) 9	Rise & Shine It's News & Views Time (LR) What do you think about today's news? (CG)(LR) Bellydancing with Shayna (LR) Chores Around the House: Folding Napkins (L) YouTube-ular Videos (CH)(LR) Coloring Corner (CH)(L) Finish That Song (CH)(LR) Flash Card Convo Starters (CG)(LR) Movie: Travel Destinations (LR) 10	Music & Movement (CH)(LR) Happy Birthday Eleanor Roosevelt: Her responsibilities as the first lady (CH)(LR) Jewelry Making with Janettina (ACS) Legion of Mary with Theresa (V)(AS) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) Name That Slogan (CG)(LR) YouTube Videos (CG)(LR) DJ Mix A'Lot: Big Band Era Dance Off (LR) Friday Night at the Movies: Resident's Choice (LR) 11	Scarf Exercise Fun (C)(LR) Soaking up the Sun (C)(G) Famous Haunted Houses Throughout the Country (CH)(LR) Dance Party with Richard Spear! (LR) Beading For Buddies (CH)(L) Remember When... Did you ever rack the leaves and jump into the pile afterwards? (CH)(LR) Walking Club (CH)(MCY) Linked Senior Games (CG)(LR) Chores Around the House: Clearing the Tables (GDR) 12
*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (S)(LR) Full Moon Superstitions (S)(LR) Pandora Party: Famous Male Musicians (S)(LR) *1:30 Bus Outing! (OOB) Sunday Sing Along (CG)(LR) The Price is Right (S)(LR) Musical Balloon Volleyball (CG)(LR) 13	Zumba Gold with Diane (LR) Soaking up the Sun (C)(G) Youtube: Broadway Show Clips (C)(LR) Who was Christopher Columbus? (C)(LR) Active Games: Balloon Toss (C)(LR) Hollywood Trivia (S)(LR) Most Popular Autumn Pies (S)(LR) Georgia Ray Sing Along (S)(LR) Charades (CG)(LR) Movie: Musicals (LR) Christopher Columbus Day 14	Active Aging Fitness Class (CH)(LR) Afternoon Get up & Stretch Club (CG) Daily Dose of Nostalgia (C)(LR) Zumba Zumba with Mila (LR) Name that Nursery Rhyme (CH)(LR) Meditation: Sweet Sounds of Autumn (C)(LR) You Be The Judge (C)(LR) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR) 15	Forever Fit & Meditation (C)(LR) Test Your Knowledge Trivia (C)(G) Fine Art Painting with Marilyn (ACS) Prayer & Communion with Bill (LR) Afternoon Get up & Stretch Club (CH) DIY: Bushel Basket of Mums (C)(L) Bingo Fun (CG)(L) Movie: Comedies (LR) 16	Rise & Shine It's News & Views Time (LR) What do you think about today's news? (CG)(LR) Bellydancing with Shayna (LR) Chores Around the House: Folding Napkins (L) Who Wants to Be a Millionaire? (CH)(LR) Coloring Corner (CH)(L) Think Fast (CH)(LR) Flash Card Convo Starters (CG)(LR) Movie: Travel Destinations (LR) 17	Music & Movement (CH)(LR) Unexplained Mysteries (CH)(LR) Active Games: Musical Balloon Toss (CH)(LR) Legion of Mary with Theresa (V)(AS) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) Name That Hymn (CG)(LR) YouTube Videos (CG)(LR) DJ Mix A'Lot: Big Band Era Dance Off (LR) Friday Night at the Movies: Resident's Choice (LR) 18	Scarf Exercise Fun (C)(LR) Soaking up the Sun (C)(G) Legend of Sleepy Hollow and the Headless Horseman (C)(LR) Dance Party with Richard Spear! (LR) Remember When... Did you ever go on a hayride? (CH)(LR) Walking Club (CH)(MCY) Chores Around the House: Clearing the Tables (GDR) Linked Senior (CG)(LR) Movie: Romance (LR) 19	
*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (S)(LR) Dear Abby (S)(LR) Childhood Flashbacks: Favorite Halloween Costume as a Child? (S)(LR) Pandora Party: Famous Female Musician (CG)(LR) *1:30 Bus Outing! (OOB) Sunday Sing Along (S)(LR) Top 20 Most Iconic Halloween Costumes (S)(LR) 20	Move & Groove (C)(LR) Soaking up the Sun: Journal Entry Session (C)(G) Bizarre Edible Arrangements: Chocolate Covered Crickets (S)(LR) Active Games: Volleyball (C)(LR) MVP: John McEnroe (S)(LR) Mercy College Group Discussion (L) Georgia Ray Sing Along (S)(LR) Charades (CG)(LR) Movie: Musicals (LR) 21	Active Aging Fitness Class (CH)(LR) Poems of Praise (LR) Afternoon Get up & Stretch Club (CG) Daily Dose of Nostalgia (C)(LR) Zumba Zumba with Mila (LR) Two Minute Mysteries (CH)(LR) Active Games: Noodle Polo (C)(LR) Animal Planet: Evil Black Cats Superstitions(CH)(L) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR) 22	Forever Fit & Meditation (C)(LR) Salem Witch Trials (D)(G) Fine Art Painting with Marilyn (ACS) Are You Smarter Than a Fifth Grader? (CH)(LR) Prayer & Communion with Bill (LR) Afternoon Get up & Stretch Club (CH) What's The Verdict (CH)(LR) Pumpkin Spice & Everything Nice (CH)(LR) Bingo Fun (CG)(L) Movie: Comedies (LR) 23	Rise & Shine It's News & Views Time (LR) What do you think about today's news? (CG)(LR) Bellydancing with Shayna (LR) Chores Around the House: Folding Napkins (L) YouTube-ular Videos (CH)(LR) You Be The Judge (CH)(LR) Coloring Corner (CH)(L) Name Five (CH)(LR) Flash Card Convo Starters (CG)(LR) Movie: Travel Destinations (LR) 24	Music & Movement (CH)(LR) One with Nature: What trees are these fallen leaves from? (CH)(G) Musical Moments with Roseanne (LR) Legion of Mary with Theresa (V)(AS) Refreshments & Cheese Soiree (LR) Shabbat Services with Jay (MT) Name That Hymns (CG)(LR) YouTube Videos (CG)(LR) DJ Mix A'Lot: Big Band Era Dance Off (LR) Friday Night at the Movies: Resident's Choice (LR) 25	Scarf Exercise Fun (C)(LR) Soaking up the Sun (C)(G) Linked Senior: Visual Trivia (C)(LR) Dance Party with Richard Spear! (LR) Beading For Buddies (CH)(L) Remember When... What was your favorite Halloween candy? (CH) Do You Believe in Ghosts? (CH)(LR) Chores Around the House: Clearing the Tables (GDR) Linked Senior Games (CG)(LR) Movie: Romance (LR) 26	
*10:00 Mass at Saint Joseph's Church (Resident must have a private aide or family member assisting them.) Armchair Pilates (S)(LR) Laughter Really is the Best Medicine (S)(LR) Pandora Party: Famous Female Musician (S)(LR) *1:30 Bus Outing! (OOB) Sunday Sing Along (S)(LR) Slogan Trivia DVD (S)(LR) Musical Balloon Volleyball (CG)(LR) 27	Move & Groove (C)(LR) Soaking up the Sun (C)(G) Sanatana Dharma University: Hindu Deities (C)(LR) Active Games: Noodle Polo (C)(LR) Mercy College Group Discussion (L) Active Games: Musical Balloon Toss (S)(LR) Happy Birthday Statue of Liberty: Her Significance to our great nation (S)(LR) Georgia Ray Sing Along (S)(LR) Charades (CG)(LR) Movie: Musicals (LR) 28	Active Aging Fitness Class (CH)(LR) Afternoon Get up & Stretch Club (CG) Daily Dose of Nostalgia (C)(LR) Zumba Zumba with Mila (LR) Name that Proverb (CH)(LR) Let's Make Gooey Ghostly Sugar Cookies (GDR) Active Games: Golf (C)(LR) Family Feud (C)(LR) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR) 29	Forever Fit & Meditation (C)(LR) What is the Great Jack O'Lantern Blaze? (C)(G) Fine Art Painting with Marilyn (ACS) Salsa for Seniors with Jen (LR) Confession & Mass with New Priest from Immaculate Conception Parish (V)(LR) Happy Birthday Cupcake Celebration (C)(LR) Bingo Fun (CG)(L) Movie: Comedies (LR) 30	Rise & Shine It's News & Views Time (LR) History of Halloween (CG)(LR) Sit & Be Fit (CG)(LR) YouTube-ular Videos: Babies in Halloween Costumes (CH)(LR) Annual Associate & Resident Halloween Costume Parade (LR) Coloring Corner (CH)(L) Wicked Witch of the East (CH)(LR) Flash Card Convo Starters (CG)(LR) Movie: Travel Destinations (LR) 31 Happy Halloween	Music & Movement (CH)(LR) One with Nature: What trees are these fallen leaves from? (CH)(G) Musical Moments with Roseanne (LR) Legion of Mary with Theresa (V)(AS) Refreshments & Cheese Soiree (LR) Shabbat Services with Jay (MT) Name That Hymns (CG)(LR) YouTube Videos (CG)(LR) DJ Mix A'Lot: Big Band Era Dance Off (LR) Friday Night at the Movies: Resident's Choice (LR) 25	October Trips Tuesday, October 8th 10:45 am 99 Cents Store (Resident must have a private aide or family member assisting them.)	
October Trips Tuesday, October 15th 11:30 am Lunch at Sergio's Tuesday, October 22nd 1:30 pm Trinity Cruise up the Hudson River	October Trips Tuesday, October 29th 2:00 pm Fall Foliage Drive Through Lyndhurst Mansion in Tarrytown, New York	<h1>OCTOBER 2019</h1> <p>THE GARDENS</p>			ACTIVITY LOCATOR KEY (S) Simone Chin (CG) Caregiver (C) Chandra (V) Volunteer (R) Reghan (CH) Chi (D) Donna/ Intern Movies will be shown every night at 7:00 pm. Due to spacing issues, it may not be reflected on the calendar.		(PDR) Private Dining Room (Lobby Floor) (MT) Movie Theater (Lobby Floor) (ACS) Arts & Crafts Studio (Lobby Floor) (OOB) Out of Bldg (AS) Activity Studio (Lobby Floor) (C) Cafe (Lobby Floor) (MCY) Main Floor Courtyard (DR) Main Floor Dining Room (L) Library (LR) Living Room (G) Garden (GDR) Gardens Dining Room