

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February Trips Tuesday, January 8th 2:00 pm 99 Cents Store (Resident must have a private aide or family member assisting them.)	February Trips Tuesday, February 12th 12:00 pm DeCosta's Tuesday, February 19th 11:15 am Window Shopping & Lunch at the Westchester Mall	February Trips Cont. Tuesday, February 26th 2:00 pm The Chocolate Cafe		Remember to wear red or pink on Valentine's Day, Thursday, February 14th!	Music & Movement (CG)(LR) Active Games: Basketball (CG)(LR) Refreshments and Cheese & Musical Entertainment with "Lee's Musicians" (LR) Shabbat Services with Jay (MT) Name That Song (CG)(LR) Friday Night at the Movies: Resident's Choice (LR)	Getting Fit (C)(LR) Red Carpet Stars: Clint Eastwood(C) Linked Senior: Hangman (C)(LR) Dance Party with Richard Spear! (LR) Afternoon Get up & Stretch Club (CC) Remembering When...First Date (CC) Beading For Buddies (CC)(LR) Movie: President's (LR)
Armchair Pilates (J)(LR) Chocolate Taste Test of the Week: Dark Chocolate (J)(LR) Dear Abby Advice (J)(LR) *1:30 Bus Outing! (OOB) Pandora Party: Benny Goodman (CG)(LR) Groundhog Happenings at Punxsutawney, Pennsylvania (CG)(LR) Love Song Sing Along (CG)(LR) Movie: Resident's Choice (LR)	Move & Groove (C)(LR) Geography Travelogue: History of the Grand Canyon? (C)(LR) Concordia College Group Discussion (L) Georgia Ray Sing Along: Love from the Heart (J)(LR) Movie: Musicals (LR)	Scarf Exercise Fun (CC)(LR) Chinese New Year: What Year is it?(CC)(LR) Afternoon Get up & Stretch Club (C) Daily Dose of Nostalgia: Family Vacations (CG)(LR) Active Games: Velcro Catch (CC)(LR) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR)	Forever Fit & Meditation (C)(LR) Follow the Letter (C)(LR) Health Chat: "American Heart Month" (C)(LR) Prayer & Communion with Bill Humphreys (V)(LR) Afternoon Get up & Stretch Club (CC) Pinterest Inspirations: Valentine's Day Crafts (CC)(L)	Rise & Shine- It's News & Views Time: Celebrations (LR) Bellydancing with Shayna (LR) YouTube-ular: Love Themed Music Videos (CG)(LR) Coloring Corner: Water Color Painting (CG)(L) Protestant Communion Service (MT) Finish That Phrase (CG)(LR)	Music & Movement (CG)(LR) Active Games: Balloon Volleyball Toss (CG)(LR) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) Name that Rhyme (CG)(LR) Friday Night at the Movies: Resident's Choice (LR) ~ National Boy Scouts Day~	Getting Fit (C)(LR) Red Carpet Stars: Marilyn Monroe C)(LR) National Pizza Day- What was your favorite neighborhood pizzeria? (C)(LR) Dance Party with Richard Spear! (LR) Afternoon Get up & Stretch Club (CC) Remembering When...Honeymoon Destination (CC)(LR) Beading For Buddies (CC)(LR) Movie: President's (LR)
Armchair Pilates (J)(LR) Chocolate Taste Test of the Week: White Chocolate (J)(LR) History of Black History Month (J)(LR) *1:30 Bus Outing! (OOB) Pandora Party: Frank Sinatra (CG)(LR) Musical Moments w/ Barbara Torina(LR) Wheel of Fortune (CG)(LR) Movie: Resident's Choice (LR)	Move & Groove (C)(LR) Geography Travelogue: Have you ever been in the White House (C)(LR) Mercy College Group Discussion (L) Zumba Gold with Diane & Yuri Lee (LR) Georgia Ray Sing Along: Country Classics (J)(LR) Movie: Musicals (LR)	Scarf Exercise Fun (CC)(LR) Fashion Through the Decades: "Abyas Fashions & Muslim Culture (CC)(LR) Mindfulness & Meditation Daily Dose of Nostalgia: Best Friend (CG)(LR) Active Games: Golf (CC)(LR) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR)	Forever Fit & Meditation (C)(LR) Word Jumble (C)(LR) Fine Art Painting with Marilyn (ACS) Prayer & Communion with Bill Humphreys (V)(LR) Afternoon Get up & Stretch Club (CC) Letters of Love to Our Troops (CC)(L) Movie: Comedies (LR)	Rise & Shine- It's News & Views Time: Weather (LR) Bellydancing with Shayna (LR) YouTube-ular: Different Colored Valentine's Day Roses (CG)(LR) International Cocoa Class (CC)(LR) History of Valentine's Day (C)(LR) Coloring Corner: Valentine's Day Hearts & Cupid (CG)(L) Test Your Knowledge Trivia (CG)(LR)	Music & Movement (CG)(LR) Active Games: Noodle Polo (CG)(LR) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) Name That Hymn (CG)(LR) Friday Night at the Movies: Resident's Choice (LR)	Getting Fit (C)(LR) Flower of the Month: Meaning of a Red Rose (C)(LR) Linked Senior: Musical Trivia (C)(LR) Dance Party with Richard Spear! (LR) Remember When... Favorite chocolate bar growing up (CC)(LR) Beading For Buddies (CC)(LR) Movie: President's (LR)
Armchair Pilates (J)(LR) Chocolate Taste Test of the Week: Milk Chocolate (J)(LR) Random Act of Kindness Day: Name Fifteen Acts of Kindness (J)(LR) *1:30 Bus Outing! (OOB) Pandora Party: Andy Williams (CG)(LR) Poems of Praise (J)(LR) Love Song Sing Along (CG)(LR) Movie: Resident's Choice (LR)	Move & Groove (C)(LR) Presidents Day: Who was your favorite President? (C)(LR) Concordia College Group Discussion (L) MVP: Phil Michelson (J)(LR) Georgia Ray Sing Along: World War II- Big Band Era (J)(LR) Movie: Musicals (LR)	Scarf Exercise Fun (CC)(LR) Art Exhibition: Sistine Chapel (CC)(LR) Afternoon Get up & Stretch Club (C) Daily Dose of Nostalgia: High School (CG)(LR) Geography Travelogue: Have you ever been to Disney World/ Disney Land? (C)(LR) Active Games: Bowling (CC)(LR) Puzzle Mania (CG)(L)	Forever Fit & Meditation (C)(LR) Crosswords (C)(LR) Fine Art Painting with Marilyn (ACS) Prayer & Communion with Bill Humphreys (V)(LR) Afternoon Get up & Stretch Club (CC) Pinterest Inspirations: Frosting Cupcakes (CC)(L) Beauty of Hair Extensions (CC)(LR) Movie: Comedies (LR)	Rise & Shine- It's News & Views Time: Travel (LR) Bellydancing with Shayna (LR) YouTube-ular Videos: Popular Chocolate Desserts (CG)(LR) Coloring Corner: Acrylic Painting (CG)(L) Finish That Phrase (CG)(LR) Movie: Travel Destinations (LR)	Music & Movement (CG)(LR) Active Games: Basketball (CG)(LR) Refreshments and Cheese Soiree (LR) Shabbat Services with Jay (MT) YouTube: Fun Facts About Washington (CG)(LR) Friday Night at the Movies: Resident's Choice (LR) Happy Birthday George Washington	Getting Fit (C)(LR) Red Carpet Stars: Did you enjoy watching Shirley Temple? (C)(LR) Dance Party with Richard Spear! (LR) Afternoon Get up & Stretch Club (CC) Chicken Noodle Soup: Loving Memories (CC)(LR) Beading For Buddies (CC)(LR) Linked Senior: Visual Trivia (C)(LR)
Armchair Pilates (J)(LR) Chocolate Taste Test of the Week: Chocolate of Choice (J)(LR) Spirituality of Nature: Meaning Behind Life (J)(LR) Soccer? (J)(LR) *1:30 Bus Outing! (OOB) Pandora Party: Judy Garland (CG)(LR) Family Feud (J)(LR) Movie: Resident's Choice (LR)	Move & Groove (C)(LR) Hindu Culture (C)(LR) Geography Travelogue: Have you been to Mount Rushmore? (C)(LR) Mercy College Group Discussion (L) Georgia Ray Sing Along: American Pride (J)(LR) Test Your Knowledge Trivia Movie: Musicals (LR)	Scarf Exercise Fun (CC)(LR) National Spouses Day: How did you meet your spouse? (CC)(LR) Afternoon Get up & Stretch Club (C) Angry Orchard w/ Claudette Rutty (Ca) Black & White Photo Memory Cards (CC)(LR) Active Games: Velcro Darts (CC)(LR) Puzzle Mania (CG)(L) Movie: Resident's Choice (LR)	Forever Fit & Meditation (C)(LR) Big Board Scrambler (C)(LR) Fine Art Painting with Marilyn (ACS) Prayer & Communion with Bill Humphreys & Confession with Father Connolly (V)(LR) Afternoon Get up & Stretch Club (CC) Pinterest Inspirations: Baking Valentine's Day Cookies (CC)(L)	Rise & Shine- It's News & Views Time: Sports (LR) Sit & Be Fit (LR) YouTube-ular: What is a Leap Year (LR) How to Make a Crock of Love & Chili with Mary Beth Giannelli (AS) Coloring Corner- Red & Pink Flowers (CG)(L) Linked Senior: Music Videos (CG)(LR) Movie: Travel Destinations (LR)	Special Programs Gardens Family Dinner Tuesday, February 19th 5:30-7:00 pm Activity Studio	Special Programs Refreshments and Cheese & Musical Entertainment with "Lee's Musicians" Friday, February 4th 4:00-5:00 pm Yonkers Boy Scouts Saturday, February 23rd 4:00-4:45 pm
Activities/Trips in the Gardens are Subject to Change.	Movies will be shown every night at 7:00 pm. Due to spacing issues, it may not be reflected on the calendar.	<h1 style="text-align: center;">FEBRUARY 2019</h1> <p style="text-align: center;"><i>THE GARDENS</i></p>		ACTIVITY LOCATOR KEY CC) Chermeine (C) Chandra (CG) Caregiver (J) Jessica (V) Volunteer	(PDR) Private Dining Room (Lobby Floor) (MT) Movie Theater (Lobby Floor) (ACS) Arts & Crafts Studio (OOB) Out of Bldg (AS) Activity Studio (Lobby Floor) (C) Cafe (Lobby Floor) (MFC) Main Floor Courtyard (DR) Main Floor Dining Room (L) Library (LR) Living Room	VOLUNTEER OPPORTUNITIES Residents, Associates, and Family Members who would like to volunteer, we have a great opportunity for you with Watermark University! Please show us what you are passionate about by teaching a class! If you have an idea for a class and are interested in leading or assisting in any of our classes, please contact Reghan Giannelli, Community Life Director at (914) 768-6017